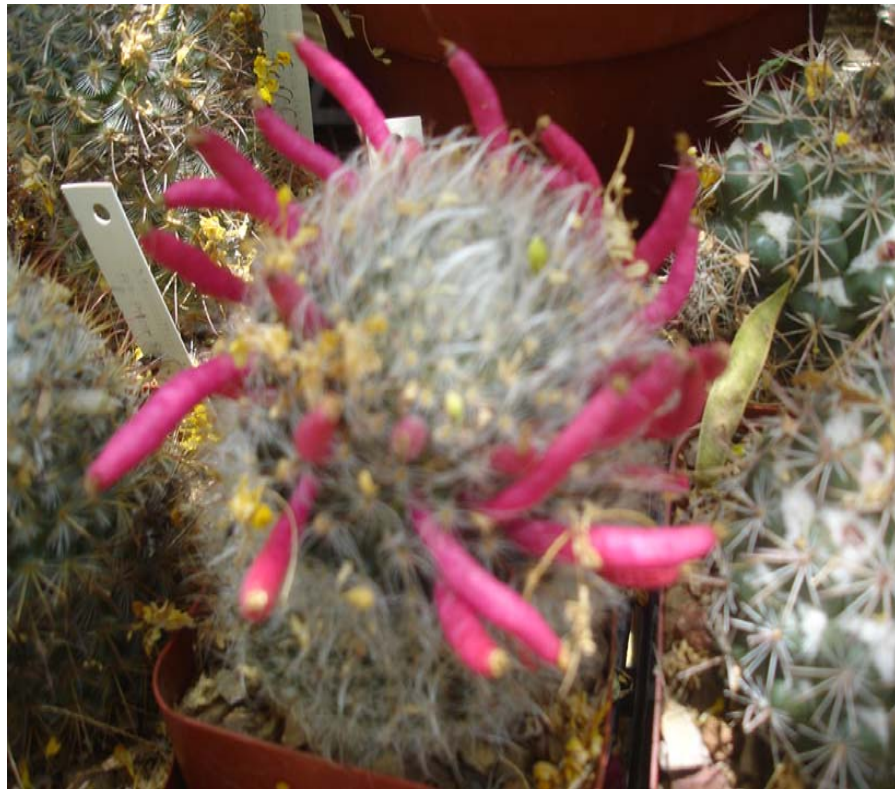


# ทำอย่างไรจึงได้ไปนำเสนอที่ USA



# The 10 – minute set : “Effective tracheostomy nursing care at home” in Hatyai Hospital, Thailand”



## Introduction

- Based on the experience in generals, elder patients often do not want to under-go **tracheostomy** because of suffering a loss of voice, hopeless, insecure and having a low self image.
- In generals 38% of patients who get a tracheostomy tube with later were readmitted **suffering** from airways obstruction or infections.
- Most patients frequently refused to go back home because they lack finance, caregivers and proper equipment. Moreover, they did not aware of any support they could get from various networks.
- The effective strategies were provided self care knowledge to **assure the patients and caregivers return to home.**



## Objective :

To develop the procedure to empower the patients who got a tracheostomy tube and their caregivers can take proper care at home.



## The people and the plans :

- ❖ The 11 patients with receiving tracheostomy & 14 caregivers who care for such patients were recruited from the Hatyai Hospital.
- ❖ The study was conducted planned, do executed, checked and put into action.
- ❖ Data was collected by in-dept interviews, observations, writing field notes and group reflections.

## Effective Tracheostomy Nursing Care

### Concept :

- The 7 community study tools
- Appropriate technology
- Intersectoral collaboration
- Empowerment
- Holistic care
- Continuity care



### Team :

Practical Nurse  
Discharge Planner Nurse  
Experienced patient  
Health volunteer

### The process :

Step 1 : Assess home environment, and patient's life style preoperational.



Step 2 : Set up a 10-minute set; a stainless bowl, a plastic tube, boiling water and work instruction.



Step 3 : Demonstrate by experience caregivers under nurse supervision.



Step 4 : Put into post operational practice everyday.



Step 5 : Evaluate and refer to primary care unit and community networks.



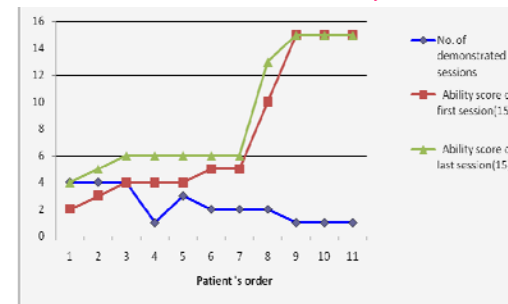
/surintr Siriwan., Tansakul Prawpan., Buapech Kalya., Social Medicine Department  
nkul Kanikar and Anumas Narumol, Nursing Department Hatyai Hospital, Thailand  
684 695 5451, email [timpeppam@hotmail.com](mailto:timpeppam@hotmail.com), <http://gotoknow.org/profile/southpcu>



## Results

- No patients have been readmitted within 28 days for symptoms of airways obstruction & infections.
- Teams accepted the proper method as the standard for implementing in the Hospital.
- 12 networks helped the team with home visits and communication, which facilitated **continuity of care.**
- The costs for each patient has been reduced from 600 baht (\$18) to 10 baht (40 cent).

number of demonstrated sessions and ability score.



"I gain the confidence to do this when I am at home because they let me practice several times at the ward."

patient



"It is necessary to make them experienced before they going back home. Each patient always can then take care of his or herself at home."

nurse



## Conclusion :

Learning to use the 10-minutes set was easy for **caregivers** and tracheostomy tube patients. Such patients and caregivers would be confident to continue his or her life at home and would probably adopt to the new lifestyle. Effective nursing care provided self care knowledge of the patients and caregiver who have difficult to learned. It can building capacity and strengthening the self care processes.



## Take home messages :

Nurses should familiarise themselves the patient's home environment, life style, social support, self-esteem and self-believe. They should keep these parameters in mind when caring for these patients and recognized the patients' problems, helping to redirected the patients in caring for themselves, as that would lead to improved quality of life at home.

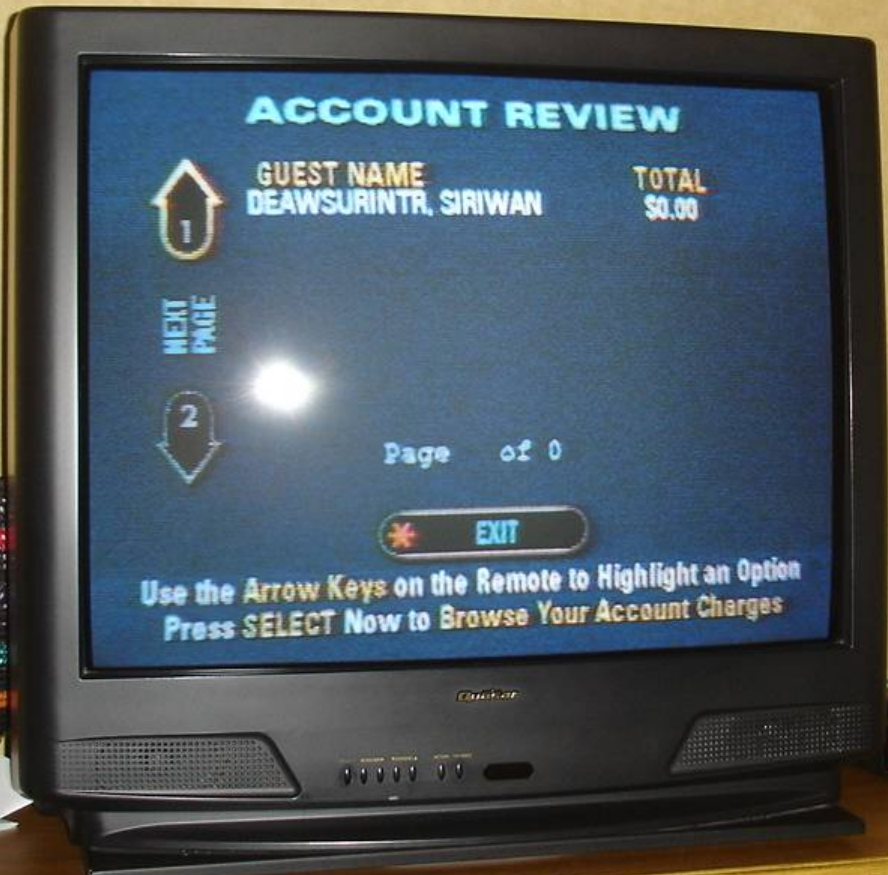


## Acknowledgement :

Thanks to Hatyai Hospital and Thai Nurse Council for providing a funding support for this presentation.

# พักที่ Lexington Hotel





**ACCOUNT REVIEW**

**GUEST NAME**  
DEAWSURINTR, SIRIWAN

**TOTAL**  
\$0.00



NEXT  
PAGE



Page of 0

\* EXIT

Use the Arrow Keys on the Remote to Highlight an Option  
Press SELECT Now to Browse Your Account Charges



# ประเทศไทย นำเสนอ 3 เรื่อง

มาด้วยกันรวม 19 คน

- รพ.จุฬา 2 คน
- สถาบันมะเร็ง 3 คน
- รพ.สงขลานครินทร์ 1 คน
- รพ.ศิริราช 12 คน
- รพ.หาดใหญ่ 1 คน



**2010 WOCN/WCET  
JOINT CONFERENCE**

June 12-16 - North & West Buildings

PHOENIX CONVENTION CENTER

# The 10 - minute set : "Effective tracheostomy nursing care at home" in Hatyai Hospital, Thailand"

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Most patients frequently refused to go back home because they lack finance, caregivers and proper equipment. Moreover, they did not aware of any support they could get from various networks. The effective strategies were provided self care knowledge to assure the patients and caregivers Return to home.

## Objective :

To develop the procedure to empower the patients who got a tracheostomy tube and their caregivers can take proper care at home

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"I gain the confidence to do the what I can at home because they let me practice several times at the ward"



"I remember I think that I can do it at home and I can do it at home"

## Conclusion :

Learning to use the 10-minutes set was easy for caregivers and tracheostomy tube patients. Such and caregivers would be confident to continue his or her life at home and would probably adapt to lifestyle. Effective nursing care provided self care knowledge of the patients and caregiver who to learned. It can building capacity and strengthening the self care processes.

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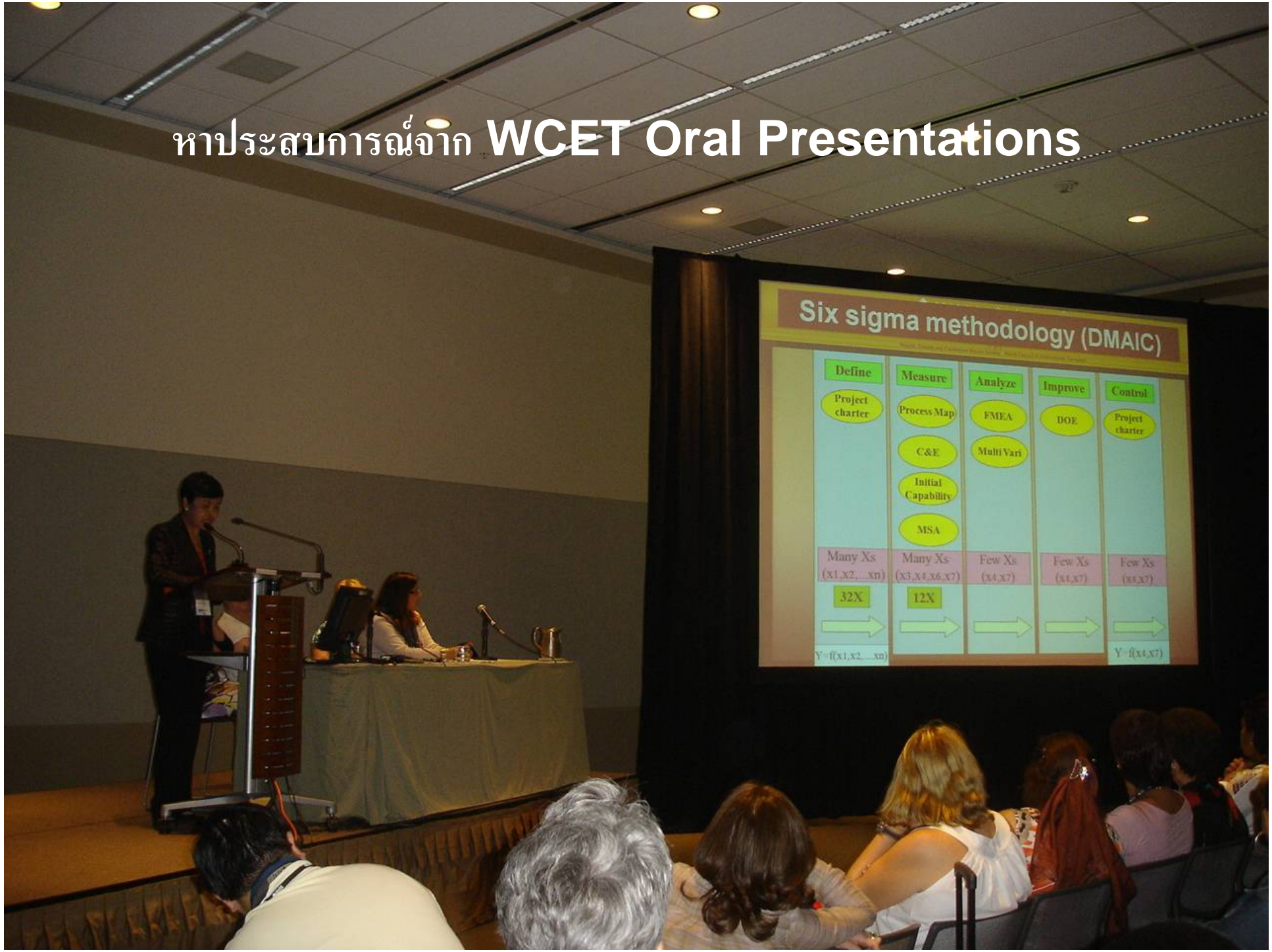
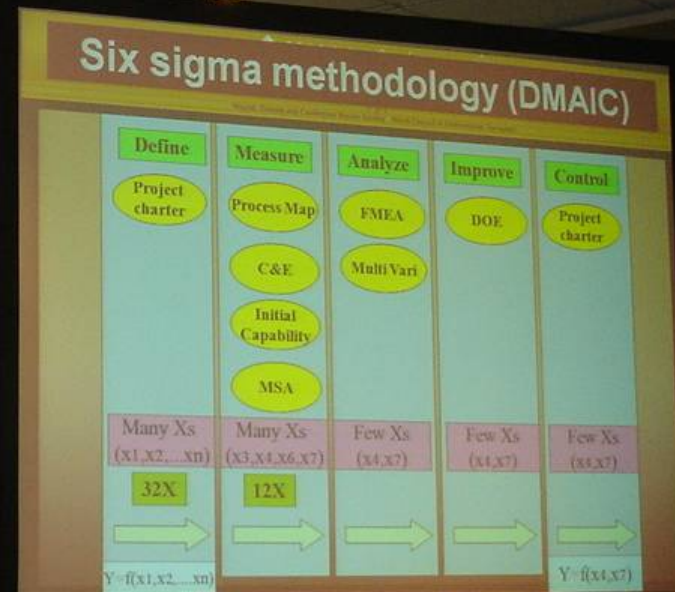
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## Acknowledgement :

Thanks to Hatyai Hospital and Thai Nurse Council for providing a funding support for this study.



# ภาพระสบการณ์จาก WCET Oral Presentations





## วิวัฒนาการของ Colostomy



### Davol Colostomy Pouch 1940-1950

The surface seal to the skin was inflated and the bulb was removed.  
The frame was designed to protect the stoma.

Davol, Inc. is a subsidiary of C.R. Bard, Inc.





# Grand Canyon



ขอขอบคุณค่ะ

