

# Off-loading

4. Healing/Surgical shoe

5. Shoe cutouts

6. Walking aid

- cane

- crutches

- walker



# Treatment of ulcer

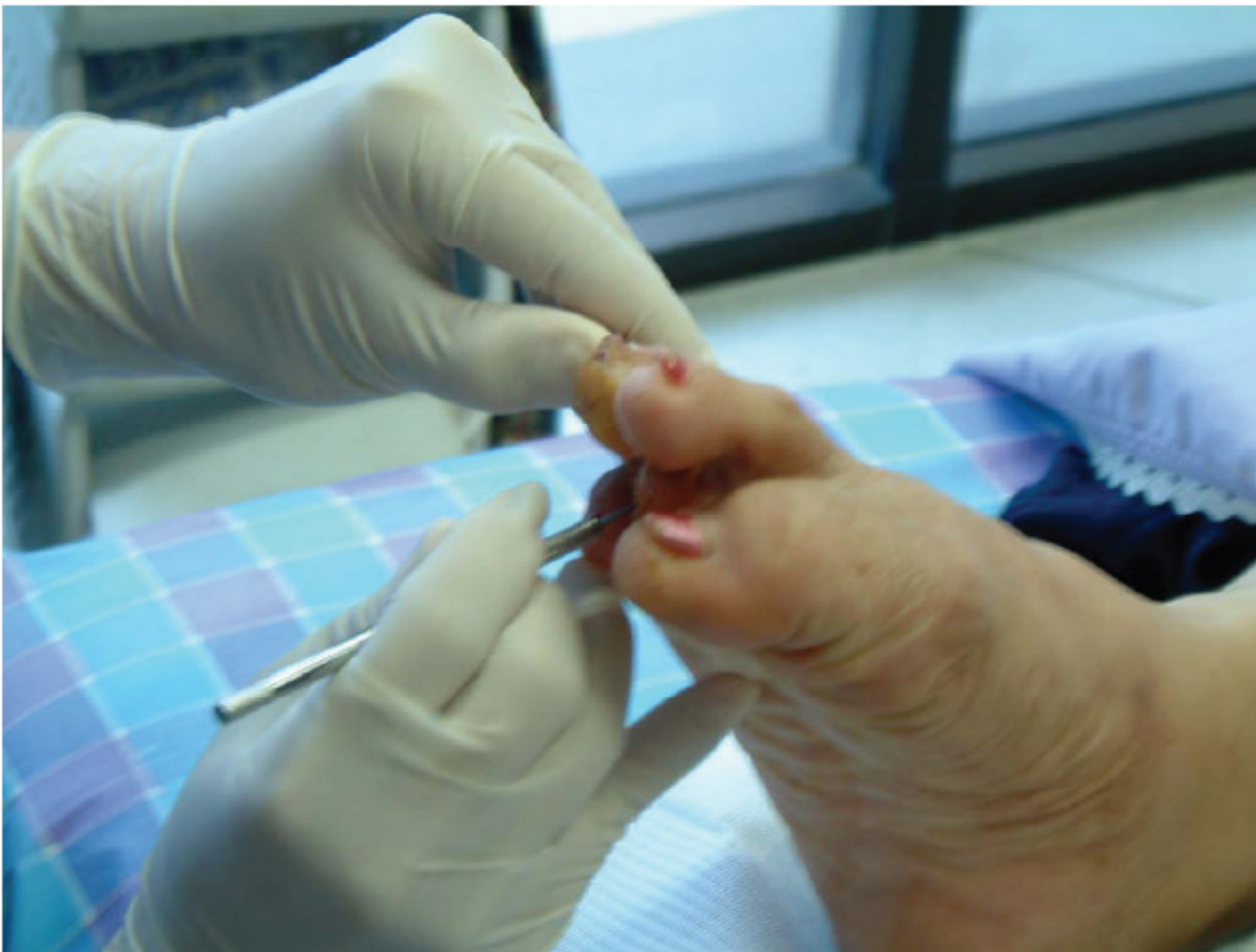
1. Wound care
2. Rest/off loading techniques
3. Rehabilitation -Therapeutic/  
Preventive surgery and  
Reconstructive  
Surgery/Conservative treatment

### 3. Rehabilitation \*Preventive and Reconstructive Surgery



Claws toes deformity

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pressure

## Tenotomy in neuropathic ulcer

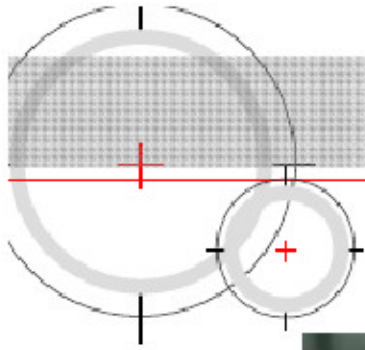


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# TENOTOMY (2 weeks later)



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# เป้าหมายของการดูแลรักษา foot care

- Reduction of amputations
- Prevention of ulceration.

## StrategicStrategic

1. Foot assessment & screening for Identification risk
2. Wound care /Rapid treatment for all foot problems  
-Cleansing & Off-loading Techniques
3. Protective Footwear
4. Foot education Program/Foot care



# 4.Care after cure: Protective Footwear



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# 4. Care after cure: Foot care

## 4. Care after cure : Foot care



*Ask your doctor to check the sense of feeling in your feet*



*Check your feet every day*



*Gently rub calluses with a pumice stone.*



*Put lotion on the tops and bottoms of your feet.*



*Check the inside of your shoes before you put them on*



*Protect your feet when walking on hot surfaces.*

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